

## **ABBREVIATIONS**

**GIL.ST.STN = GILMOUR STREET RAILWAY STATION  
PAISLEY**

**BUCH.ST.STN = BUCHANAN STREET BUS STATION  
GLASGOW**

**QU.ST.STN = QUEEN STREET RAILWAY STATION  
GLASGOW**

**GLA.CEN.STN = GLASGOW CENTRAL RAILWAY STA-  
TION**

**WMCP WATERMILL CAR PARK PAISLEY**

**L.L = LOW LEVEL TRAIN**

**ALWAYS CARRY EMERGENCY CONTACT DETAILS  
AND STORE AN I.C.E NUMBER IN YOUR MOBILE IF  
YOU HAVE ONE AND EMERGENCY CONTACT DE-  
TAILS ON YOUR PERSON**

I.C.E NUMBER

CONTACT NAME

## **COMMITTEE**

**CHAIR A GIBSON 07890405183**

**SECRETARY E THOMSON 07779758895**

**TREASURER G WALLACE 07709685396**

**WALK CO-ORD M DOHERTY 01418839618**

**PATH & ACCESS OFFICER I LEITH 01415809883**

## **COMMITTEE MEMBERS**

**L HILL, L MCDONALD, D WINNIE**

# ***RAMBLERS PAISLEY GROUP***



## ***SUMMER PROGRAMME***

***2014***

***HTTP://PAISLEYRAMBLERS.CO.UK***

## CONDITIONS

All sporting and leisure activities have inherent hazards associated with them & rambling is no exception .

In spite of the safety of Ramblers members being of paramount concern , accidents will occasionally occur.

It is important therefore that when entering into the activity, each member appreciates that they have a responsibility to identify the hazards associated with the activity, & take all reasonable steps to eliminate or minimize the potential for an accident to arise.

Walkers should bring their own provisions & ensure they have suitable clothing and boots & never leave a walk without advising the Leader .

When using minor roads walk in single file on the right side of the road facing oncoming traffic.

No dogs, registered Assistance Dogs only

Check meeting times and times of public transport and check website for updates

Leaders may alter a route, change or cancel a walk due to prevailing conditions.

Non-Members are allowed on 3 walks before being expected to join the Ramblers

ON A WALK THE LEADER'S DECISION IS FINAL

A WALK LEADER MUST BE A RAMBLERS MEMBER  
TO LEAD WALKS

## GRADES

Check with the Leader beforehand if in doubt about your level of fitness for any of the walks

### Strenuous (S)

For experienced hill walkers with high levels of fitness. Over mountainous & rough ground with a brisk or moderate pace

### Moderate (M)

For experienced country walkers with high levels of fitness. On lower hills with steep ascents & rough moorland, moderate pace

### Leisurely (L)

For reasonably fit people with country walking experience. Mostly on flat ground but could involve short uphill sections & rough ground and distance approx. 8-12 miles

### Easy (E)

For walks on flat ground with distance up to 5 miles

## NEW WALKS

START THINKING OF WALKS FOR THE SUMMER PROGRAMME AROUND JAN/FEB & IN JUNE/JULY FOR THE WINTER PROGRAMME .

IF YOU NEED HELP PUTTING ON A WALK ASK ONE OF THE COMMITTEE MEMBERS THERE ARE PLENTY OF FOLK WILLING TO HELP YOU OUT CREATING A WALK OR DOING THE WALK OR WHY NOT HAVE A SHOT OF BEING A BACK MARKER AND HELPING OUT ON A WALK .

**Just a wee note to remind you that we have a website and Facebook page**

**Addresses are**

**<http://paisleyramblers.co.uk>**

**<https://www.facebook.com/paisley.ramblers>**

**FEEL FREE TO POP ON TO THE FACEBOOK PAGE AND CHAT ABOUT THE WALKS YOU HAVE DONE THAT WEEK- END OR SHARE ANY PICTURES YOU HAVE TAKEN ON ANY OF THE WALKS OR SOCIAL OCCASIONS**

**SAT 3RD MAY STONEYMOLLAN TRAIL  
GRADE L, DISTANCE 5 MILES  
MEET GLASGOW QUEEN STREET FOR 10.11 TRAIN TO CARDROSS. DAY RETURN TICKET TO BALLOCH.  
LEADER M ALLAN 01505 862267**

**SUN 4TH MAY TROISGEACH  
GRADE S GRIDREF NN290194 MAP 56  
MEET PLEASE CALL LEADER 8.00AM  
LEADER G WALLACE TEL 07709685396**

**SAT 10TH MAY SPECIAL GENERAL MEETING  
RENFREWSHIRE,COWAL & BUTE AREA  
MEET 9.30AM MEETING WILL COMMENCE AT 10AM IN PAISLEY GRAMMAR SCHOOL, GLASGOW ROAD. MEMBERS SHOULD ATTEND FOLLOWED BY A WALK.**

**SUN 11TH MAY THE STOB  
GRADE S GRIDREF NN491231 MAP NO51  
MEET PLEASE CALL LEADER 8.00AM  
LEADER A NICOL TEL 01414277598**

**SAT 17TH MAY WALK: CATRINE & SORN  
GRADE: L DIST: 6 GRID REF: NS530259  
MEET: GIL. ST.STN FOR THE 9.14 AM TRAIN TO AYR ARRIVING AT 10.08 AM. MET BY WALK LEADER THEN NO43 BUS FROM DOUGLAS STREET TO CATRINE AT 10.30 AM, ARRIVING ABOUT 11.20 AM.AT THE END OF THE WALK, REFRESHMENTS WILL BE AVAILABLE AT MARTIN'S HOUSE. WEATHER PERMITTING THERE WILL BE A BARBECUE. PLEASE ADVISE IF ATTENDING FOR NUMBERS  
LEADER: M.PAPWORTH TEL: 07871779632**

**SEE WEBSITE FOR UPDATE**

**SEE WEBSITE FOR UPDATE**

**SUN18TH MAY GLAS BEINN**

**GRADE S GRIDREF NN258641 MAP 41  
MEET PLEASE CALL LEADER LONG DAY 7.30AM  
LEADER G WALLACE TEL 07709685396**

**SAT 24TH MAY WALK AROUND DOLLAR GLEN  
GRADE L DIST 6 MILES  
MEET GLASGOW QU.ST.STN FOR 9.53 TRAIN TO  
STIRLING  
LEADER L HILL 0141 884 3352**

**SUN 25TH MAY CREAG RUADH**

**GRADE S GRIDREF NN674293 MAP 51  
MEET PLEASE CALL LEADER 8.00AM  
LEADER A NICOL TEL 01414277598**

**SAT 31ST MAY LONGNIDDRY TO NORTH BER-  
WICK**

**GRADE M DIST 12 MLS  
MEET GLA.QU.ST for the 09:30 TRAIN TO  
EDINBURGH GET RETURN TICKET TO NORTH  
BERWICK.  
LEADER C MCLELLAN TEL 07794125330**

**SUN 1ST JUNE SCHIEHALLION**

**GRADE S GRIDREF NN713547 MAP 51  
MEET PLEASE CALL LEADER LONG DAY 8.00AM  
LEADER G WALLACE TEL 07709685396**

**SEE WEBSITE FOR UPDATE**

**SUN 26TH OCT YEARNGILL HEAD**

**GRADE M GRIDREF NT014202 MAP 72  
MEET PLEASE CALL LEADER 8.00AM  
A NICOL TEL 01414277598**

**CHAIR**

**CHAIR@PAISLEYRAMBLERS.CO.UK**

**SECRETARY**

**SECRETARY@PAISLEYRAMBLERS.CO.UK**

**TREASURER**

**07709685396**

**ACCESS OFFICER**

**ACCESSOFFICER@PAISLEYRAMBLERS.CO.UK**

**WALK CO-ORD / WEBSITE**

**WEBMASTER@PAISLEYRAMBLERS.CO.UK**

**SEE WEBSITE FOR UPDATE**

**SAT 11TH OCT MEIKLE BIN**

**GRADE M DIST 7**

**MEET BUCH.ST.STN FOR THE 10:01 X85 CLACHAN OF CAMPSIE RETURN TICKET**

**LEADER D GILMARTIN TEL0141 848 0148 MOB 07554 007853**

**SUN 12TH OCT CAIRN TABLE**

**GRADE M GRIDREF NN726242 MAP 71**

**MEET PLEASE CALL LEADER 8.00AM**

**LEADER G WALLACE TEL 07709685396**

**SAT 18TH OCT DUMBARTON CIRCULAR BELOW THE CRAGS**

**GRADE L DIST 7MLS**

**MEET BUS STOP OUTSIDE RADDISSON HOTEL ON ARGYLE STREET FOR 10.00AM BUS TO BALLOCH.CIRCULAR WALK FROM GARSHAKE ROAD WITH INITIAL CLIMB THEN CROSSING LOWER MOORLAND SLOPES. MIXED PATHS AND TRACKS**

**LEADER F MCMANUS TEL 0150 5352503**

**SUN 19TH OCT STARTUP HILL**

**GRADE M GRIDREF NS 975296 MAP 71**

**MEET PLEASE CALL LEADER 8.00AM**

**LEADER G WALLACE TEL 07709685396**

**SAT 25TH OCT AGM**

**PAISLEY GRAMMAR SCHOOL 10.00AM ANY ITEMS FOR INCLUSION IN AGM MUST BE IN BY 28/09/2014. COME ALONG AND HELP DECIDE WHAT HAPPENS IN YOUR GROUP**

**SEE WEBSITE FOR UPDATE**

**PAGE 10**

**SAT 7TH JUNE BUS RUN TO MELROSE**

**GRADE M+ E**

**MEET W.M.C.P BUS LEAVES 8AM SHARP**

**WE ARE BEING HOSTED BY THE EILDON RAMBLERS TAKING IN MELROSE, ABBOTSFORD HOUSE, FALDONSIDE LOCH, CAULDSHIELS HILL & RHYMERS GLEN RETURNING TO MELROSE**

**LEADER M DOHERTY TEL 01418839618**

**SUN 8TH JUNE MAM NA GUALAINN**

**GRADE S GRIDREF NN115625 MAP 41**

**MEET PLEASE CALL LEADER 8.00AM**

**LEADER A NICOL TEL 01414277598**

**SAT 14TH JUNE DALREOCH TO BALLOCH.**

**GRADE L+E**

**MEET QU.ST.STN. LL FOR 10.23AM BALLOCH TRAIN TO DALREOCH**

**LEADER H PANDELUS TEL 0141 886 2947**

**SUN 15TH JUNE CREACHAN MOR**

**GRADE S GRIDREF NS187916 MAP 56**

**MEET PLEASE CALL LEADER 8.00AM**

**LEADER G WALLACE TEL 07709685396**

**SAT 21ST JUNE MEMORIAL WALK FOR RAY**

**A WALK IN DUNOON**

**MEET GILMOUR ST STN FOR THE 09:36AM GOUROCK TRAIN**

**LEADER R GIBSON TEL 07890405183**

**SUN 22ND JUNE BEN INVERVEIGH**

**GRADE S GRIDREF NN271382 MAP 50**

**MEET PLEASE CALL LEADER 8.00AM**

**LEADER A NICOL TEL 01414277598**

**START THINKING OF NEW WALKS**

**SEE WEBSITE FOR UPDATE**

**PAGE 3**

**SAT 28TH JUNE WEST KILBRIDE TO LARGS**  
**GRADE L DIST 8**  
**MEET GILMOUR STREET STATION FOR THE 09.58**  
**TO LARGS TRAIN.**  
**LEADER M ANDERSON TEL 07914649267**

**SUN 29TH JUNE BEN STARAV**  
**GRADE S GRIDREF NN125427 MAP 50**  
**MEET PLEASE CALL LEADER LONG DAY 7.30AM**  
**LEADER G WALLACE TEL 07709685396**

**SAT 5TH JULY BURNS COUNTRY**  
**GRADE L DIST 7/8 MLS**  
**MEETING GIL.ST.STN FOR THE 9.44.AM TRAIN TO**  
**AYR. GET A RETURN TICKET.**  
**LEADER J GRAHAM TEL 01418836863**

**SUN 6TH JULY BEINN A BHUIC**  
**GRADE S GRIDREF NN569395 MAP 51**  
**MEET PLEASE CALL LEADER 8.00AM**  
**LEADER A NICOL TEL 01414277598**

**SAT 12TH JULY WALK A BAILDAND HILL**  
**GRADE L DIST 8MLS**  
**MEET GIL.ST.STN FOR THE 10.14 TRAIN TO DALRY**  
**RETURN TICKET TO DALRY**  
**LEADER WILL MEET ON TRAIN**  
**LEADER D. WINNIE TEL 07923466482**

**WALK B AMBLE AROUND KILBARCHAN**  
**GRADE E DIST 4.5 MLS**  
**MEET AT ARGOS PAISLEY AT 10.00AM**  
**LEADER S MAGUIRE TEL 01418844899**

**SEE WEBSITE FOR UPDATE**

**SUN 21ST SEPT BEINN AN LOCHAIN**  
**GRADE S GRIDREF NN218079 MAP 56**  
**MEET PLEASE CALL LEADER 8.00AM**  
**LEADER G WALLACE TEL 07709685396**

**SAT 27TH SEPT DRUMGOYNE TO MILNGAVIE**  
**GRADE L**  
**MEET BUCH.ST.STN FOR THE 10.00 BUS TO**  
**BALFRON**  
**LEADER A WHITEHEAD TEL 0141 886 6152**

**SUN 28TH SEPT THE BRACK**  
**GRADE S GRIDREF NN245030 MAP 56**  
**MEET PLEASE CALL LEADER 8.00AM**  
**LEADER G WALLACE TEL 07709685396**

**SAT 4TH OCT HELIX PATHS – FALKIRK**  
**GRADE L DIST 6MLS**  
**MEET BUCH.ST.STN 9.30AM FOR 9.45AM X37**  
**TO CAMELON FOR A LOOK AROUND THE NEW**  
**HELIX PATHS NETWORK**  
**AND A CLOSE ENCOUNTER WITH THE**  
**KELPIES**  
**LEADER F MCMANUS TEL 0150 5352503**

**SUN 5TH OCT SCAD HILL**  
**GRADES GRID REF NN939021 MAP 58**  
**MEET PLEASE CALL LEADER 8.00AM**  
**A NICOL TEL 01414277598**

**SEE WEBSITE FOR UPDATE**

**SAT 6TH SEPT BLANTYRE – CAMBUSLANG**

**GRADE L. DIST 7 MLS.**

**MEET GILMOUR STREET STATION FOR 9.25AM  
TRAIN TO CENTRAL STATION AND THEN GET THE  
9.58AM TRAIN FROM GLA.CEN.STN L L TO BLAN-  
TYRE THEN WALK ALONG THE CLYDE SIDE WALK-  
WAY.**

**LEADER A BURNIE TEL 0141 328 1967**

**SUN 7TH SEPT BYREHOPE MOUNT**

**GRADE M GRIDREF NT110547 MAP 65**

**MEET PLEASE CALL LEADER 8.00AM**

**LEADER G WALLACE TEL 07709685396**

**SAT 13TH SEPT THREE TOWNS WALK**

**GRADE L DIST 8 MLS**

**MEET GIL ST STN FOR 9.58 LARGS TRAIN TO AR-  
DROSSAN SOUTH BEACH.**

**WALK IS ON PATHS AND HAS A SHORT HILLY  
SECTION.**

**E THOMSON 07779758895**

**SUN 14TH SEPT SRON GHARBH**

**GRADE S GRIDREF NN178585 MAP 41**

**MEET PLEASE CALL LEADER 8.00AM**

**A NICOL TEL 01414277598**

**SAT 20TH SEPT HELENSBURGH**

**GRADE L**

**MEET AT QU.ST. STN FOR THE 10.11 TRAIN TO  
HELENSBURGH**

**LEADER T DUGAN TEL 07949445718**

**SEE WEBSITE FOR UPDATE**

**PAGE 8**

**SUN 13TH JULY CRAIGENREOCH**

**GRADE S GRIDREF NN339915 MAP 76**

**MEET PLEASE CALL LEADER 8.00AM**

**LEADER G WALLACE TEL 07709685396**

**SAT 19TH JULY CAMBUSLANG TO BLANTYRE**

**GRADE L DIST 7/8 MILES**

**MEET GLA.CEN.STN L.L FOR 10.34 TRAIN TO CAM-  
BUSLANG**

**CAMBUSLANG TO BLANTYRE VIA CLYDE  
WALKWAY RETURN TICKET TO BLANTYRE  
LEADER M MCFADDEN TEL 07952003953**

**SUN 20TH JULY MEAL REAMHAR**

**GRADE S GRIDREF NN876326 MAP 52**

**MEET PLEASE CALL LEADER 8.00AM**

**A NICOL TEL 01414277598**

**SAT 26TH JULY PAPPERT HILL**

**GRADE L DIST 8MLS**

**MEET GLA QU.ST.STN L L FOR THE 09:53 TRAIN  
TO ALEXANDRIA GET A RETURN TICKET  
LEADER M DOHERTY TEL 01418839618**

**SUN 27TH JULY JOHN'S HILL CIRCULAR**

**GRADE S GRIDREF NN002081 MAP 58**

**MEET PLEASE CALL LEADER 8.00AM**

**LEADER G WALLACE TEL 07709685396**

**SAT 2ND AUG BUS RUN LOCHEARNHEAD TO KILLIN**

**MEET WMCP 8.30AM**

**LEADER R GIBSON TEL 07890405183**

**SEE WEBSITE FOR UPDATE**

**Page 5**

**SUN 3RD AUG UAMH BEAG**  
GRADE S GRIDREF NN691118 MAP 57  
MEET PLEASE CALL LEADER 8.00AM  
A NICOL TEL 01414277598

**SAT 9TH AUG GLEN DOUGLAS**  
GRADE M DIST 8MLS  
MEET AT BUCH.ST.STN FOR THE 10 AM BUS  
NO. 916 SKYE / FORT WILLIAM TO INVERBEG  
SEATS MAY REQUIRE TO BE BOOKED IN  
ADVANCE.  
PLEASE CONTACT LEADER.  
LEADER M GALLOWAY TEL 0141 884 6141

**SUN 10TH AUG CRAIGLEE CIRCULAR**  
GRADE S GRIDREF NN477962 MAP 77  
MEET PLEASE CALL LEADER 8.00AM  
LEADER G WALLACE TEL 07709685396

**SAT 16TH AUG DUNBLANE & ALLAN WATER**  
GRADE L DIST 7MLS  
MEET QU.ST.STN FOR THE 10.10AM TRAIN TO DUN-  
BLANE GET A RETURN TO DUNBLANE TICKET.  
A PLEASANT WALK THROUGH OPEN COUNTRYSIDE  
WITH VIEWS WEST TO THE BRAES OF DOUNE &  
EAST TO SHERRIFMUIR.  
LEADER L MCDONALD TEL 07946173309

**SUN 17TH AUG BEINN LEABHAINN**  
GRADE S GRIDREF NN575283 MAP 51  
MEET PLEASE CALL LEADER 8.00AM  
A NICOL TEL 01414277598

**SAT 23RD AUG WEST KILBRIDE TO FAIRLIE**  
GRADE L  
MEET GIL.ST.STN FOR 09.58AM LARGS TRAIN TO  
WEST KILBRIDE RETURN TICKET TO FAIRLIE  
LEADER C KIDD TEL 01415627214

**SUN 24TH AUG CRAIG BEINN NAN EUN**  
GRADE S GRIDREF NN728132 MAP 87  
MEET PLEASE CALL LEADER 8.00AM  
LEADER G WALLACE TEL 07709685396

**SAT 30TH AUG GLENASHDALE FALLS TO GIANTS  
GRAVES**  
GRADE M DIST 10 MLS  
MEET AT GIL.ST.STN FOR THE 08:44 TRAIN TO  
ARDROSSAN HARBOUR  
THEN THE 09.45 FERRY TO ARRAN THEN  
LOCAL BUS TO START OF WALK  
R GIBSON 07890405183

**SUN 31ST AUG CREAG GHARBH**  
GRADE S GRIDREF NN632327 MAP 51  
MEET PLEASE CALL LEADER 8.00AM  
A NICOL TEL 01414277598

**SEE WEBSITE FOR UPDATE**

**SEE WEBSITE FOR UPDATE**