

ABBREVIATIONS

GIL.ST.STN = GILMOUR STREET RAILWAY STATION
PAISLEY

BUCH.ST.STN = BUCHANAN STREET BUS STATION
GLASGOW

QU.ST.STN = QUEEN STREET RAILWAY STATION
GLASGOW

GLA.CEN.STN = GLASGOW CENTRAL RAILWAY STA-
TION

WMCP WATERMILL CAR PARK PAISLEY

L.L = LOW LEVEL TRAIN

**ALWAYS CARRY AN EMERGENCY CONTACT DE-
TAILS AND STORE AN I.C.E NUMBER IN YOUR MO-
BILE IF YOU HAVE ONE AND EMERGENCY CONTACT
DETAILS ON YOUR PERSON**

I.C.E NUMBER

CONTACT NAME

COMMITTEE

CHAIR A GIBSON 07890405183

SECRETARY E THOMSON 07779758895

TREASURER G WALLACE 07709685396

WALK CO-ORD M DOHERTY 01418839618

PATH & ACCESS OFFICER I LEITH 01415809883

COMMITTEE MEMBERS

L HILL, L MCDONALD, A NICOL, J MCKINLEY

RAMBLERS PAISLEY GROUP



SUMMER PROGRAMME 2015

www.PAISLEYRAMBLERS.CO.UK

[WWW.FACEBOOK.COM/PAISLEY.RAMBLERS](https://www.facebook.com/paisleyramblers)

[TWITTER.COM/PAISLEYRAMBLERS](https://twitter.com/paisleyramblers)

CONDITIONS

All sporting and leisure activities have inherent hazards associated with them & rambling is no exception .

In spite of the safety of Ramblers members being of paramount concern , accidents will occasionally occur.

It is important therefore that when entering into the activity, each member appreciates that they have a responsibility to identify the hazards associated with the activity, & take all reasonable steps to eliminate or minimize the potential for an accident to arise.

Walkers should bring their own provisions & ensure they have suitable clothing and boots & never leave a walk without advising the Leader .

When using minor roads walk in single file on the right side of the road facing oncoming traffic.

No dogs, registered Assistance Dogs only

Check meeting times and times of public transport and check website for updates

Leaders may alter a route, change or cancel a walk due to prevailing conditions.

Non-Members are allowed on 3 walks before being expected to join the Ramblers

ON A WALK THE LEADER'S DECISION IS FINAL

A WALK LEADER MUST BE A RAMBLERS MEMBER
TO LEAD WALKS

GRADES

Check with the Leader beforehand if in doubt about your level of fitness for any of the walks

Strenuous (S)

For experienced hill walkers with high levels of fitness. Over mountainous & rough ground with a brisk or moderate pace

Moderate (M)

For experienced country walkers with high levels of fitness. On lower hills with steep ascents & rough moorland, moderate pace

Leisurely (L)

For reasonably fit people with country walking experience. Mostly on flat ground but could involve short uphill sections & rough ground and distance approx. 8-12 miles

Easy (E)

For walks on flat ground with distance up to 5 miles

NEW WALKS

START THINKING OF WALKS FOR THE SUMMER PROGRAMME AROUND JAN/FEB & IN JUNE/JULY FOR THE WINTER PROGRAMME .

IF YOU NEED HELP PUTTING ON A WALK ASK ONE OF THE COMMITTEE MEMBERS THERE ARE PLENTY OF FOLK WILLING TO HELP YOU OUT CREATING A WALK OR DOING THE WALK OR WHY NOT HAVE A SHOT OF BEING A BACK MARKER AND HELPING OUT ON A WALK .

***PLEASE CHECK THE WEBSITE WALKS
CALENDAR FOR UPDATES TO WALKS .***

***THE RCB AREA HAS A NEW WEBSITE THE
ADDRESS IS***

HTTP://WWW.RCBAREARAMBLERS.ORG.UK

***FEEL FREE TO VISIT THE FACEBOOK
PAGE AND LEAVE COMMENTS ON THE
WALK OR POST SOME PICTURES UP FROM
THE WALKS.***

SEE WEBSITE FOR UPDATE

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SAT 2ND MAY GOAT FELL

**GRADE S DIST 6.5MLS
MEET GIL. ST STN FOR THE 08.44 TRAIN TO AR-
DROSSAN THEN 09.45 FERRY TO ARRAN A LONG
DAY & LATE END
LEADER D WINNIE TEL 07923466482**

SUN 3RD MAY BEN MORE & STOB BINNEIN

**GRADE S MAP 51 GRID REF NN432244 NN434227
MEET PLEASE CALL LEADER 08.00AM
LEADER G WALLACE TEL 0770985396**

SAT 9TH MAY MAUCHLINE TO CATRINE

**GRADE L DIST 5.25 MLS
MEET BUCH.ST.STN FOR 11.05 AM X76 BUS TO
MAUCHLINE CROSS. VIA RIVER AYR WAY LEADER
WILL JOIN AT MAUCHLINE.
BARBEQUE AND REFRESHMENTS AT MARTIN'S
HOUSE AT THE END OF THE WALK,
LEADER M PAPWORTH TEL 07871 779632**

SUN 10TH MAY AUCHNAFREE HILL

**GRADE S MAP 52 GRID REF NN808308
MEET PLEASE CALL LEADER 08.00AM
LEADER A NICOL TEL 01414277598**

**SAT 16TH MAY DRUMFROCHER VIA DUNROD HILL
TO WMYESS BAY**

**GRADE M DIST 9
MEET GIL.ST.STN FOR THE 10.10AM TRAIN TO WE-
MYSS BAY RETURN FROM WEMYSS BAY
LEADER P DOHERTY TEL 07401089452**

SEE WEBSITE FOR UPDATE

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SUN 17TH MAY MEALL GARBH & GREIGH

**GRADE S MAP 51 GRID REF NN644436 NN674438
MEET PLEASE CALL LEADER 08.00AM
LEADER G WALLACE TEL 0770985396**

SAT 23RD MAY WATER OF LEITH

**GRADE L, DIST 6.5 MILES APPROX
MEET AT BUCH.ST.STN FOR THE 10.00 AM BUS TO
EDINBURGH. FROM HAYMARKET TO OCEAN TERMI-
NAL.
LEADER M ALLEN TEL 01505862267.**

SUN 24TH MAY BINNEIN AN FHIDHLEIR

**GRADE S, MAP 56, GRID REF NN214107
MEET PLEASE CALL LEADER 08.00AM
LEADER A NICOL TEL 01414277598**

SAT 30TH MAY KILCREGGAN

**GRADE L DIST 7MLS
MEET GIL ST STN FOR THE 09.36am TRAIN TO
GOUROCK THEN FERRY TO KILCREGGAN
(DAYTRIPPER TICKET?)
LEADER B DOHERTY TEL 01418839618**

SUN 31ST MAY BEN LUI & BEINN A CHLEIBH

**GRADE S MAP 50 GRID REF NN266263 & NN250256
MEET PLEASE CALL LEADER 08.00AM
LEADER G WALLACE TEL 0770985396**

SEE WEBSITE FOR UPDATE

SUN 18TH OCT CHARN CHOIS

**GRADE M MAP 51 GRID REF NN791277
MEET PLEASE CALL LEADER 08.00AM
LEADER A NICOL TEL 01414277598**

SAT 24TH OCT PAISLEY A.G.M

**PAISLEY GRAMMAR SCHOOL 10.00AM ANY ITEMS
FOR INCLUSION IN AGM MUST BE IN TO THE SEC-
RETARY BY 27/9/15FOLLOWED BY SHORT WALK**

SUN 25TH OCT CULTER FELL

**GRADE S MAP 72 GRID REF NT052291
MEET PLEASE CALL LEADER 08.00AM
LEADER G WALLACE TEL 0770985396**

SAT 31ST OCT SKIFFWOODS & WALLIS HILL FORT

**GRADE L DISTANCE 6 MILES
MEET GIL. ST. STN FOR 10.14 TRAIN TO HOWWOOD
LEADER M DOHERTY TEL 01418839618**

SEE WEBSITE FOR UPDATE

SAT 3RD OCT BLANTYRE – CAMBUSLANG

**GRADE L DIST 7 MLS APPROX
MEET GLA CEN LL STN IN TIME TO CATCH THE
10.21AM TO BLANTYRE. WALK ALONG THE
CLYDESIDE WALKWAY .
LEADER A BURNIE TEL: 0141 328 1967**

SUN 4TH OCT GATHERSNOW HILL

**GRADE S MAP 72 GRID REF NT055255
MEET PLEASE CALL LEADER 08.00AM
LEADER A NICOL TEL 01414277598**

**SAT 10TH OCT PAISLEY TO KILBARCHAN/
HOWWOOD**

**GRADE L DIST 6 OR 10 MLS
MEET 10.00AM OUTSIDE PIAZZA PAISLEY 6
MILES TO KILBARCHAN AND 10 MILES TO HOW-
WOOD
LEADER E THOMPSON TEL 07779758895**

SUN 11TH OCT CLACH BEINN & NEIGHBOURS

**GRADE S MAP 56 GRID REF NS213951
MEET PLEASE CALL LEADER 08.00AM
LEADER G WALLACE TEL 0770985396**

SAT 17TH OCT LOCH THOM WANDER

**GRADE L DIST 7 MLS
MEET GIL ST STN FOR THE 10.10AM DRUMFRO-
CHAR TRAIN
LEADER R GIBSON TEL 07890405183**

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SAT 6TH JUNE BUS RUN-ST ABBS HEAD

**WALK A COASTAL WALK
WALK B LOCAL WALK
GRADE L & E DIST 7 MLS /3 MLS
MEET W.M.CP BUS LEAVES 8.00AM
LEADER A GIBSON TEL 07890405183**

SUN 7TH JUNE CARN GORM & MEALL GARBH

**GRADE S MAP 51 GRID REF NN635500 & NN647517
MEET PLEASE CALL LEADER 08.00AM
LEADER G WALLACE TEL 0770985396**

**SAT 13TH JUNE HELENSBURGH TO GARELOCH-
HEAD.**

**GRADE M+ DIST 9 MLS.
MEET QU.ST.ST LL FOR 10:11 TRAIN TO HELENS-
BURGH. RETURN TO HELENSBURGH. PART OF THE
THREE LOCHS WAY WALK.LOCAL BUS BACK TO
HELENSBURGH FROM GARELOCHHEAD OR POSSI-
BLE WALK BACK VIA SHORE ROAD.
LEADER MARIE MCKINDRICK TEL 07972748365**

SUN 14TH JUNE BEIN LEABHAINN

**GRADE S MAP 51 GRID REF NN575283
MEET PLEASE CALL LEADER 08.00AM
LEADER A NICOL TEL 01414277598**

**START THINKING OF NEW WALKS
SEE WEBSITE FOR UPDATE
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SAT 20TH JUNE MUGDOCK COUNTRY PARK.

**GRADE L, DIST 7 MILES
MEET AT GLA.CEN.STN LL FOR 10.00AM TRAIN
TO MILNGAVIE, DAY RETURN TO MILNGAVIE,
LEADER M ALLEN TEL 01505862267.**

SUN 21ST JUNE THE SEVEN LOCHS

**GRADE M MAP 66 GRID REF NT188650 15 MLS
LOW LEVEL
MEET PLEASE CALL LEADER 08.00AM
LEADER G WALLACE TEL 0770985396**

SAT 27TH JUNE CARLUKE CIRCULAR

**GRADE L DIST 9
MEET GLA.CEN.STN FOR THE 09.48 TRAIN TO
CARLUKE RETURN TICKET
LEADER M DOHERTY TEL 01418839618**

SUN 28TH JUNE FAIRACH

**GRADE M MAP 50 GRID REF NN344261
MEET PLEASE CALL LEADER 08.00AM
LEADER A NICOL TEL 01414277598**

SAT 4TH JULY THE BURN ANNE WALK.

**GRADE L DIST 5.5 MLS.
MEET BUCH.ST.STN 9.50 A.M. FOR BUS TO KIL-
MARNOCK, THEN A BUS FROM KILMARNOCK TO
GALSTON. A CIRCULAR WALK FROM GALSTON.
LEADER M JORDAN TEL 07447577407**

SEE WEBSITE FOR UPDATE

SAT 19TH SEPT FAIRLIE-BLACK HILLS

GRADE L DIST 8 MLS

**MEET GILMOUR ST STN FOR THE 9.56 LARGS TRAIN
LEADER A GIBSON TEL 07890405183**

SUN 20TH SEPT SGURN DHONUILL

**GRADE S MAP 41 GRID REF NN039555
MEET PLEASE CALL LEADER 08.00AM
LEADER A NICOL TEL 01414277598**

SAT 26TH SEPT THE KNOCK

**MEET GIL ST STN FOR THE 09.56 LARGS TRAIN
GRADE L DIST 7 MLS
ROAD WALK FOLLOWED BY A WEE HILL PATH
LEADER A WHITEHEAD TEL 0141 886 6152
SEPT WEEKEND**

SUN 27TH SEPT STUC A CHROIN

**GRADE S MAP 57 GRID REF NN617174
MEET PLEASE CALL LEADER 08.00AM
LEADER G WALLACE TEL 0770985396
SEPT WEEKEND**

SEE WEBSITE FOR UPDATE

SUN 30TH AUG BEN OSS & BEINN DUBHCRAIG

**GRADE S MAP 50 GRID REF NN285255 &
NN307254
MEET PLEASE CALL LEADER 08.00AM
LEADER G WALLACE TEL 0770985396**

SAT 5TH SEPT WEST KILBRIDE TO FAIRLIE

**GRADE L+ DIST 9MLS
MEET GIL ST STN FOR 09.58AM LARGS TRAIN
TO WEST KILBRIDE
LEADER C KIDD TEL 01415627214**

SUN 6TH SEPT GARBH BHEINN

**GRADE S MAP 41 GRID REF NN169600
MEET PLEASE CALL LEADER 08.00AM
LEADER A NICOL TEL 01414277598**

**SAT 12TH SEPT SOUTH QUEENSFERRY TO
CRAMOND ISLAND**

**GRADE L DIST 9 MILES
MEET QU.ST.STN FOR THE 0945 EDINBURGH
TRAIN (CHANGING AT HAYMARKET FOR DAL-
MENY) IF TIDE PERMITS CROSSING TO THE IS-
LAND
LEADER L MCDONALD TEL 07946173309**

SUN 13TH SEPT STOB COIRE AN ABANNAICH

**GRADE S MAP 50 GRID REF NN169443
MEET PLEASE CALL LEADER 08.00AM
LEADER G WALLACE TEL 0770985396**

**SEE WEBSITE FOR UPDATE
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SUN 5TH JULY STUCHD AN LOCHAIN

**GRADE S MAP 51 GRID REF NN485445
MEET PLEASE CALL LEADER 08.00AM
LEADER G WALLACE TEL 0770985396**

SAT 11TH JULY ARDROSSAN TO PORTENCROSS

**GRADE L DIST 8 MLS
MEET GIL ST STN FOR 10.28AM TRAIN TO ARDROSSAN
HARBOUR.
LEADER: M. ANDERSON TEL 07914649267**

SUN 12TH JULY MAM NA GUALAINN

**GRADE S MAP 41 GRID REF NN115625
MEET PLEASE CALL LEADER 08.00AM
LEADER A NICOL TEL 01414277598**

SAT 18TH JULY MEMORIAL WALK FOR WILMA AYR WALK

**GRADE L DIST 8MLS
MEET GIL ST STN FOR THE 10.24 TRAIN TO AYR
LEADER M DOHERTY TEL 01418839618**

SUN 19TH JULY BEINN NAN AIGHENA

**GRADE S MAP 50 GRID REF NN148405
MEET PLEASE CALL LEADER 08.00AM
LEADER G WALLACE TEL 0770985396**

SAT 25TH JULY GLASGOW PARKS

**GRADE L DIST 8 MILES
MEET UNDER THE CLOCK AT GLA CEN STN AT 1000 WALK
WILL BE ON ROADS AND PATHS
LEADER E THOMPSON TEL 07779758895**

**SEE WEBSITE FOR UPDATE
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SUN 26TH JULY SCAWDMANS HILL

**GRADE M MAP72 GRID REF NT053319
MEET PLEASE CALL LEADER 08.00AM
LEADER A NICOL TEL 01414277598**

SAT 1ST AUG BUS RUN COBBLER AND GLEN LOIN

**MEET W.M.C.P FOR 08.00AM
WALK A THE COBBLER AN ICONIC MOUNTAIN IN
THE LOCH LOMOND NATIONAL PARK. THIS WALK
STARTS FROM ARROCHAR
WALK B GLEN LOIN CIRCUIT THROUGH THE GLENS
AND CORRIES NORTH OF ARROCHAR
G WALLACE TEL 0770985396**

SUN 2ND AUG BEN SHEASGIRNICH

**GRADE S MAP 51 GRID REF NN413383
MEET PLEASE CALL LEADER 08.00AM
LEADER G WALLACE TEL 0770985396**

SAT 8TH AUG CRIANLARICH TO TYNDRUM

**GRADE L DIST 7 MILES
MEET BUCH ST STN FOR 10.00 SKYE BUS - BOOK-
ING ESSENTIAL RETURN FROM TYNDRUM
LEADER L HILL 07778 552339**

SUN 9TH AUG BEINN SUIDHE

**GRADE M MAP 50 GRID REF NN211400
MEET PLEASE CALL LEADER 08.00AM
LEADER A NICOL TEL 01414277598**

SEE WEBSITE FOR UPDATE

SAT 15TH AUG ARDGOWAN AND LEAPMOOR

**GRADE: M DIST 9MLS
MEET GIL. ST STN FOR THE 10:10 WEMYSS BAY
TRAIN RETURN TICKET TO INVERKIP
LEADER WILL JOIN AT BISHOPTON.
LEADER: M MCNAIR TEL 07772980617**

SUN 16TH AUG AN GEARANACH

**GRADE S MAP 41 GRID REF NN188670
MEET PLEASE CALL LEADER 08.00AM
LEADER G WALLACE TEL 0770985396**

SAT 22ND AUG CATHCART CIRCULAR

**GRADE L DIST 5 MLS APPROX
MEET UNDER THE CLOCK AT GLASGOW CENTRAL
IN TIME TO CATCH THE 10.15AM TO CATHCART.
OPTIONAL FURTHER 3 MILES TO THE WALK.
LEADER A BURNIE TEL: 0141 328 1967**

SUN 23RD AUG AONACH MOR

**GRADE S MAP 50 GRID REF NN219479
MEET PLEASE CALL LEADER 08.00AM
LEADER A NICOL TEL 01414277598**

SAT 29TH AUG THE SEMPLE TRAIL

**GRADE L DIST 7 MLS
MEET AT GIL ST STN FOR THE 10.14AM TRAIN TO
LOCHWINNOCH.
LEADER J GRAHAM TEL 0141 8836863**

SEE WEBSITE FOR UPDATE