

## **ABBREVIATIONS**

**GIL.ST.STN = GILMOUR STREET RAILWAY STATION**

**PAISLEY**

**BUCH.ST.STN = BUCHANAN STREET BUS STATION**

**GLASGOW**

**QU.ST.STN = QUEEN STREET RAILWAY STATION GLAS-**

**GOW**

**GLA.CEN.STN = GLASGOW CENTRAL RAILWAY STA-**

**TION**

**WMCP WATERMILL CAR PARK PAISLEY**

**L.L = LOW LEVEL TRAIN**

**ALWAYS CARRY AN EMERGENCY CONTACT DETAILS AND  
STORE AN I.C.E NUMBER IN YOUR MOBILE IF YOU HAVE  
ONE AND EMERGENCY CONTACT DETAILS ON YOUR PER-  
SON**

I.C.E NUMBER

CONTACT NAME

### **COMMITTEE**

**CHAIR**

**SECRETARY E THOMSON 07779758895**

**TREASURER M MCFADDEN 07952 003953**

**WALK CO-ORDERS L HILL 07778 552339**

**LYNN MCDONALD 07946 173309**

**PATH & ACCESS OFFICER**

### **COMMITTEE MEMBERS**

**J MCKINLAY, A NICOL**

# ***RAMBLERS***

# ***PAISLEY GROUP***



## **WINTER PROGRAMME 2017**

**[WWW.PAISLEYRAMBLERS.CO.UK](http://WWW.PAISLEYRAMBLERS.CO.UK)**

**[WWW.FACEBOOK.COM/PAISLEY.RAMBLERS](https://WWW.FACEBOOK.COM/PAISLEY.RAMBLERS)**

**[TWITTER.COM/PAISLEYRAMBLERS](https://TWITTER.COM/PAISLEYRAMBLERS)**

## CONDITIONS

All sporting and leisure activities have inherent hazards associated with them & rambling is no exception .

In spite of the safety of Ramblers members being of paramount concern , accidents will occasionally occur.

It is important therefore that when entering into the activity, each member appreciates that they have a responsibility to identify the hazards associated with the activity, & take all reasonable steps to eliminate or minimize the potential for an accident to arise.

Walkers should bring their own provisions & ensure they have suitable clothing and boots & never leave a walk without advising the Leader .

When using minor roads walk in single file on the right side of the road facing oncoming traffic.

No dogs, registered Assistance Dogs only

Check meeting times and times of public transport and check website for updates

Leaders may alter a route, change or cancel a walk due to prevailing conditions.

Non-Members are allowed on 3 walks before being expected to join the Ramblers

ON A WALK THE LEADER'S DECISION IS FINAL

A WALK LEADER MUST BE A RAMBLERS MEMBER TO LEAD WALKS

## GRADES

Check with the Leader beforehand if in doubt about your level of fitness for any of the walks

Strenuous (S) For experienced hill walkers with high levels of fitness. Over mountainous & rough ground with a brisk or moderate pace

Moderate (M) For experienced country walkers with high levels of fitness. On lower hills with steep ascents & rough moorland, moderate pace

Leisurely (L) For reasonably fit people with country walking experience. Mostly on flat ground but could involve short uphill sections & rough ground and distance approx. 8-12 miles

Easy (E) For walks on flat ground with distance up to 5 miles

## NEW WALKS

START THINKING OF WALKS FOR THE SUMMER PROGRAMME AROUND JAN/FEB & IN JUNE/JULY FOR THE WINTER PROGRAMME .

IF YOU NEED HELP PUTTING ON A WALK ASK ONE OF THE COMMITTEE MEMBERS THERE ARE PLENTY OF FOLK WILLING TO HELP YOU OUT CREATING A WALK OR DOING THE WALK OR WHY NOT HAVE A SHOT OF BEING A BACK MARKER AND HELPING OUT ON A WALK .

PLEASE CHECK THE WEBSITE FOR UPDATES TO WALKS AND THE SEPTEMBER WEEKEND AND FEEL FREE TO POST PHOTOS AND COMMENTS TO OUR FACEBOOK PAGE.

IF YOU DON'T RECEIVE THE EMAIL UPDATES THEN PLEASE PASS ALONG YOUR EMAIL ADDRESS IT'S THE QUICKEST WAY TO KEEP UPDATED ABOUT WALK CHANGES.

FANCY HELPING OUT THE GROUP ON A MORE ACTIVE ROLE THEN SEE ONE OF THE COMMITTEE .

IT'S WELL WORTH WHILE AND HELPS THE GROUP CONTINUE WELL INTO THE FUTURE AS ITS DONE IN THE PAST & THANKS GO TO ALL THE WALK LEADERS WHO ARE THE MOST IMPORTANT & NEEDED PART OF THE GROUP.

*THE COMMITTEE*

**SEE WEBSITE FOR UPDATE**

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**SAT 4TH NOV BALLOCH TO HELENSBURGH**

GRADE L+ DIST 8.5mls

MEET QU.ST.STN L.L FOR 09.42 TRAIN TO BALLOCH

CONTACT MICHAEL DOHERTY TEL 07519818400

**SUN 5TH NOV MOORBROCK HILL.**

GRADE S GRID REF NX620984 B729

CARSPHAIRN

MEET PLEASE CALL LEADER

START 8AM

LEADER IAN CHILDS TEL 0141 427 0642

**SAT 11TH NOV KILSYTH**

GRADE L DIST 7MLS

MEET BUCH.ST.STN. IN TIME FOR 10.00AM

FIRST BUS NO.89

LEADER MAY MCKAY TEL 07504753070

**SUN 12TH NOV BEN DONICH.**

GRADE S GRID REF NN218043

REST AND BE THANKFUL

MEET PLEASE CALL LEADER

START 8AM

LEADER IAN LEITH TEL 0141 884 8712

**SEE WEBSITE FOR UPDATE**

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**SAT 18TH NOV BRIDGE OF WEIR TO PAISLEY**

GRADE L DIST 8.5 MLS  
MEET AT SMITHHILLS ST FOR 10.00 BUS.  
WALK IS ON CYCLE PATH AND ROADS.  
CUT OFF AFTER 4 MILES AT LINWOOD.  
LEADER EILEEN THOMSON TEL 07779758895

**SUN 19TH NOV BEINN CHAORACH.**

GRADE M GRID REF NN358328  
AUCHTERTYRE FARM  
MEET PLEASE CALL LEADER  
START 8AM  
LEADER ALEX NICOL. TEL 0141 427 7598

**SAT 25TH NOV GREENOCK WEST TO  
GOUROCK.**

GRADE L DIST 6 MLS  
MEET AT GIL.ST.STN FOR 10.06 GOUROCK  
TRAIN. DAY RETURN TO GOUROCK.  
LEADER WILL JOIN AT BISHOPTON.  
LEADER MARGARET ALLAN TEL 01505862267

**SUN 26TH NOV BEN CLEUCH.**

GRADE S GRID REF NN902006  
TILLCOUNTRY  
MEET PLEASE CALL LEADER  
START 8AM  
LEADER PAUL EDWARDS. TEL 07963596978

**SEE WEBSITE FOR UPDATE**

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**SAT 28TH APR BEECRAIGS COUNTRY PARK**

GRADE L DIST 8 MILES  
MEET QU. ST STN FOR 10.15 TRAIN  
RETURN TO LINLITHGOW  
LEADER LESLEY HILL TEL 07778 552339

**SUN 29TH APR BEN CRUACHAN.**

GRADE S GRID REF NN062307  
MEET PLEASE CALL LEADER  
START 8AM  
LEADER PAUL EDWARDS. TEL 07963596978

**SEE WEBSITE FOR UPDATE**

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**SAT 14TH APR RENTON TO BALLOCH**

GRADE L DIST 6 MLS  
MEET GLA.CEN.STN L.L FOR 10.09 AM TRAIN TO RENTON (RETURN TICKET TO BALLOCH) WE WILL SWITCH TRAINS AT PARTICK  
BOOTS ADVISABLE  
LEADER ALAN WHITEHEAD TEL 0141 886 6152

**SUN 15TH APR MEALL A` MUIC.**

GRADE M GRID REF NN579508  
BRIDGE OF BALGIE  
MEET PLEASE CALL LEADER  
START 8AM  
LEADER IAN LEITH TEL 0141 884 8712

**SAT 21ST APR HELENSBURGH TO GARELOCHHEAD**

GRADE L DIST 10.5 MLS  
MEETING AT QU.ST.STN L.L FOR THE 10.02 AM TRAIN TO HELENSBURGH  
PART OF THE THREE LOCHS WAY  
LEADER LYNN MCDONALD TEL 07946 173309

**SUN 22ND APR BEINN LOCHAIN.**

GRADE S GRID REF NN160007  
LOCHGOILHEAD  
MEET PLEASE CALL LEADER  
START 8AM  
LEADER ALEX NICOL. TEL 0141 427 7598

**SEE WEBSITE FOR UPDATE**

**SAT 2ND DEC CROY HILL AND ANTONINE WALL**

GRADE M. DIST 6.5 MLS  
MEET QUEEN STREET FOR 09.30 TRAIN TO CROY  
GET A RETURN TO CROY. WALK INCLUDES ROMAN WALL AND TWO ROMAN HILL FORTS.  
LEADER HUGH FRENCH TEL 07543773875

**SUN 3RD DEC ROBERTON LAW.**

GRADE M GRID REF NS914293  
ABINGTON  
MEET PLEASE CALL LEADER START 8AM  
LEADER IAN CHILDS. TEL 0141 427 0642

**SAT 9TH DEC DRYMEN TO BALMAHA**

GRADE M DIST 7 MLS  
MEET QU.ST.STN L.L FOR 08.42 TO ALEXANDRE  
THEN LOCAL BUS TO DRYMEN  
PART OF THE WHW FAIRLY LEVEL WALK TILL CONIC HILL THEN ON TO BALMAHA FOR BUS BACK TO BALLOCH. GET RETURN TO BALLOCH  
LEADER HUGH FRENCH TEL 07543773875

**SUN 10TH DEC CREAG MAC RANAICH.**

GRADE M GRID REF NN941014  
LEDCHARRIE A85  
MEET PLEASE CALL LEADER START 8AM  
LEADER IAN LEITH TEL 0141 884 8712

**SEE WEBSITE FOR UPDATE**

**SAT 16TH DEC INVERKIP TO GOUROCK**

GRADE L DIST 6 MLS

MEET GIL.ST.STN FOR THE 10.10 AM TRAIN  
TO INVERKIP WITH STOP AT CARDWELL.

LEADER JEAN GRAHAM TEL 0141 883 6863.

**SUN 17TH DEC CREAG EACH.**

GRADE M GRID REF NN652 264

LOCH EARN

MEET PLEASE CALL LEADER START 8AM

LEADER ALEX NICOL. TEL 0141 427 7598

**SAT 23RD DEC JOHNSTONE TO PAISLEY  
VIA GLENIFFER BRAES**

GRADE M DIST 8MLS

MEET GIL.ST.STN FOR 10:14AM TRAIN TO  
JOHNSTONE LINEAR WALK

LEADER ANN BOYLE TEL 07387578275

**SUN 24TH DEC HOLIDAY**

**SAT 30TH DEC HOLIDAY**

**HAPPY NEW YEAR FOLKS AND REMEMBER  
WE HAVE A NICE WEE EASY WALK FOR  
YOU'S NEXT YEAR  
THE COMMITTEE**

**SUN 31ST HOLIDAY**

**REMEMBER THINK OF NEW WALKS**

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**SAT 31ST MAR THE SEVEN LOCHS TRAIL**

GRADE L DIST 8.5MLS

MEET QU.ST.STN L.L FOR 10.00 TRAIN TO EDIN-  
BURGH, GET RETURN TO BLAIRHILL

CONTACT MICHAEL DOHERTY TEL 07519818400

**SUN 1ST APR STOB BINNIEN.**

GRADE S GRID REF NN434227 A85

MEET PLEASE CALL LEADER START 8AM

LEADER ALEX NICOL. TEL 0141 427 7598

**SAT 7TH APR GROUGAR WALK HURLFORD**

GRADE M DIST 9 MLS

MEET BUCH.ST.STN FOR THE 09.05 (X76) TO KIL-  
MARNOCK THEN THE NO 1 BUS TO HURLFORD

LEADER PAT HENDREN TEL 07768572482

**SUN 8TH APR BEINN A CHOIN.**

GRADE S GRID REF NN354130

LOCH ARKLET

MEET PLEASE CALL LEADER START 8AM

LEADER PAUL EDWARDS. TEL 07963596978

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**SAT 17TH MAR MURRAYFIELD TO BALERNO**

GRADE L DIST 9MLS  
MEET BUCH.ST. BUS STN. FOR 10.00AM EDIN-  
BURGH BUS TO MURRAYFIELD  
VIA WATER OF LEITH WALKWAY  
LEADER MARGARET ANDERSON TEL  
07914649267

**SUN 18TH MAR BEINN BHREAC.**

GRADE M GRID REF NN321000  
GLEN DOUGLAS  
MEET PLEASE CALL LEADER START 8AM  
LEADER IAN CHILDS. TEL 0141 427 0642

**SAT 24TH MAR HOGGANFIELD LOCH**

GRADE L DIST 6 MILES  
MEET QU.ST.STN L.L 10.23 TRAIN TO STEPPS  
(CUMBERNAULD TRAIN) RETURN TO STEPPS  
CIRCULAR WALK  
LEADER MOIRA MCNAIR TEL 07413442455

**SUN 25TH MAR BEINN NA GAINIMH.**

GRADE M GRID REF NN836344  
SMA` GLEN  
MEET PLEASE CALL LEADER START 8AM  
LEADER IAN LEITH TEL 0141 884 8712

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**SAT 6TH JAN CASTLE SEMPLE COUNTRY PARK**

GRADE L. DIST 5MLS  
MEET A GIL.ST. STN. FOR THE 10.44 TRAIN TO  
LOCHWINNOCH  
LIESURELY WALK TO START THE NEW YEAR  
LEADER MARGARET ANDERSON TEL 07914649267

**SUN 7TH JAN BEN VENUE.**

GRADE M GRID REF NN477061  
LOCH ARD  
MEET PLEASE CALL LEADER START 8AM  
LEADER PAUL EDWARDS. TEL 07963596978

**SAT 13TH JAN FESTVE LUNCH**

MEET CARDONALD PLACE @ ROYAL BANK OF  
SCOTLAND CORNER 10.30 LUNCH INDOOR BOWL-  
ING CLUB WALLNEUK ROAD PAISLEY 1.00PM FOR  
1.30PM £13 AND MUST BE BOOKED AND PAID FOR  
BY SAT 23-12-17. PAYMENT TO E THOMSON 17  
FAULDSWOOD CR PAISLEY PA2 9PA CHEQUES -  
PAISLEY RAMBLERS NO 2 A/C  
LEADER MICHAEL DOHERTY TEL 07519818400

**SUN 14TH JAN STOB AN EAS.**

GRADE S GRID REF NN185073  
HELL`S GLEN  
MEET PLEASE CALL LEADER START 8AM  
LEADER IAN CHILDS. TEL 0141 427 0642

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**SAT 20TH JAN GLENGARNOCK TO HOWWOOD**

GRADE L DIST 8.5 MLS  
MEET GIL.ST.STN FOR 09.45 AYR TRAIN  
LEADER WILL JOIN AT LOCHWINNOCH  
WALK ALONG CYCLE TRACK  
EXIT AT LOCHWINNOCH IF PREFERRED  
LEADER JEAN MCKINLEY TEL 07989141661

**SUN 21ST JAN BEINN AN T-SITHEIN.**

GRADE M GRID REF NN547178  
STRATHYRE  
MEET PLEASE CALL LEADER START 8AM  
LEADER IAN LEITH TEL 0141 884 8712

**SAT 27TH JAN WALK CHATELHERAULT  
COUNTRY PARK**

GRADE L DIST 7MLS MEET GLA.CEN.STN L.L  
FOR 10.09 TRAIN  
CONTACT MICHAEL DOHERTY TEL  
07519818400

**SUN 28TH JAN HILL OF STAKE.**

GRADE M GRID REF NS273630  
MUIRSHIEL CP  
MEET PLEASE CALL LEADER START 8AM  
LEADER ALEX NICOL. TEL 0141 427 7598

**SAT 3RD MAR ARTHURS SEAT&SALISBURY  
CRAGS**

GRADE L DIST 5 MLS  
MEET BUCH.ST.STN FOR THE 10.AM BUS TO ED-  
INBURGH  
LEADER PAT DOHERTY TEL 07401089452

**SUN 4TH MAR CRUACH ARDRAIN.**

GRADE S GRID REF NN409212  
GLEN FALLOCH  
MEET PLEASE CALL LEADER START 8AM  
LEADER ALEX NICOL. TEL 0141 427 7598

**SAT 10TH MAR AROUND LOCHWINNOCH**

GRADE L. DIST 6/7 MLS  
MEET GIL.ST.STN FOR 10.14 TRAIN TO LOCHWIN-  
NOCH - WHERE LEADER WILL JOIN GROUP  
LEADER DOROTHY WINNIE TEL 0792346648

**SUN 11TH MAR BEINN IME.**

GRADE S GRID REF NN255084  
REST AND BE THANKFUL  
MEET PLEASE CALL LEADER START 8AM  
LEADER PAUL EDWARDS. TEL 07963596978

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**SAT 3RD FEB IRVINE TO KILWINNING CIRCULAR.**

GRADE L DIST 8MLS  
MEET A GIL.ST. STN. FOR THE. 09.45AM TRAIN  
RETURN TICKET TO IRVINE.  
LEADER JIM ALLISON TEL: 07572982213

**SUN 4TH FEB BEINN AN LOCHAIN.**

GRADE S GRID REF NN218079  
REST AND BE THANKFUL  
MEET PLEASE CALL LEADER START 8AM  
LEADER PAUL EDWARDS. TEL 07963596978

**SAT 10TH FEB MILNGAVIE TO BEECHTREES**

GRADE L DIST 7MLS  
MEET BUCH.ST.STN FOR THE 10.AM B10  
BALFRON BUS TO MILNGAVIE STN  
LEADER WILL JOIN WALKERS AT MILNGAVIE  
STN  
LEADER M GALLOWAY TEL.0141 884 6141

**SUN 11TH FEB THE STOB. (MEALL NA FREAN)**

GRADE S GRID REF NN491232  
LOCH VOIL  
MEET PLEASE CALL LEADER START 8AM  
LEADER IAN CHILDS. TEL 0141 427 0642

**SAT 17TH FEB DUNCOLM.**

GRADE M DIST 7 MLS.  
MEET QU.ST.STN L.L FOR 10.36 TRAIN TO KILPAT-  
RICK (BUY RETURN). LEADER WILL MEET GROUP  
AT KILPATRICK. STEEP ASCENT 1ST 2 MILES  
LEADER TRICIA MEIKLEJOHN 07506 451894

**SUN 18TH FEB LUSS HORSESHOE.**

GRADE M GRID REF NS335953  
MEET PLEASE CALL LEADER  
START 8AM  
LEADER CHRISTINE EDDIE. TEL 0141 884 2484

**SAT 24TH FEB ERSKINE TO RENFREW**

GRADE L DIST 7.5 MILES  
MEET SMITHHILL ST FOR THE 10.00 BUS NO 757.  
WALK STARTS FROM ERSKINE GARDEN CENTRE  
AND GOES VIA CLYDEBANK  
LEADER TONI DUGAN TEL 07949445718

**SUN 25TH FEB TARMANGIE HILL.**

GRADE M GRID REF NN941014  
CASTLEHILL RES.  
MEET PLEASE CALL LEADER  
START 8AM  
LEADER IAN LEITH TEL 0141 884 8712

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