

SATURDAY 24TH SEPTEMBER

Round Gryfe Reservoir Grade L Map 63
MEET: Gil St Sm for 10.01 W/By Train
LEADER: M. Docherty 561 4416

SATURDAY 1ST OCTOBER

Milport, Isle of Cumbrae Grade L Map 63
MEET: Gil St Sm for 09.56 Larqs Train
LEADER: B. Crawford 884 3413

SUNDAY 2ND OCTOBER

Beinn a Chochuill Grade S Map 50
MEET: WMCP 08.00 Grd ref NNN110 328
LEADER: G Wallace Tel 882 5309

SATURDAY 8TH OCTOBER

Glenfield Lodge to Neilston Pad (New Route)
MEET: Argos 09.30. No 1 or 4 Arriva Bus
 Leader will meet at Glen Lodge 10.00.
LEADER: V. Rowan Tel 881 2715

SUNDAY 9TH OCTOBER

Ben Lomond, Grade S, Map 56
MEET: WMCP 08.30
LEADER: D.Morrison Tel 583 3646

THURSDAY 13TH OCTOBER

A.G.M.
 OGHVIE CLUB, KING ST
 PAISLEY @ 19.30

SATURDAY 15TH OCTOBER

Dunbarton Rock & Castle Grade L Map 64
MEET: Gil St Sm (Sneddon St Entrance) 09.10
LEADER: M. Docherty 561 4416

SUNDAY 16TH OCTOBER

Round Narnain Grade S Map 56
MEET: WMCP 08.30. Grd Ref NN045298
LEADER: W.Woods Tel 01505 348538

SATURDAY 22ND OCTOBER

Grochnock Cut Map 63
MEET: Gil St Sm for 10.01 W/By Train
LEADER: B. Crawford Tel 884 3413

SUNDAY 23RD OCTOBER

Conic Hill & Beyond Grade Moderate Map 57
MEET: WMCP 08.30
LEADER: J. Motherwell Tel 01505 614109

SATURDAY 29TH OCTOBER

Glen Lodge, Paisley to Johnstone, Grade L, Map 64
MEET: Argos Causyside St 09.30. No 1 or 4 Arriva Bus
 Leaders will meet at Glen Lodge 10.00
LEADERS: U. Booth 01505 346687
 C. McDonald 01505 704143

SUNDAY 30TH OCTOBER

Beinn Bheula Grade S Map 56
MEET: WMCP 08.00 Grd ref 15-16 98-99
LEADER: G Wallace Tel 882 5309

CONDITIONS

All sporting and leisure activities have inherent hazards associated with them, and rambling is no exception. In spite of the safety of members being the paramount concern, accidents will occasionally occur. It is important therefore, that when entering into the activity, each member appreciates that they have a responsibility to identify the hazards associated with the activity, and take all reasonable steps to eliminate or minimise the potential for an accident to arise. Walkers should bring their own provisions, and ensure that they have suitable clothing and boots. Never leave the walk without advising the leader. When using minor roads walk in single file on the right, behind the leader, facing oncoming traffic. Check meeting times, and times of public transport. Regret no dogs.

GRADES

STRENUOUS (S) For experienced hill walkers with high level of fitness, over mountains & rough ground. Brisk pace.

MODERATE (M) For experienced country walkers with high level of fitness. On lower hills, steep ascents, rough moorland. Moderate pace.

LEISURELY (L) For reasonably fit people with country walking experience. Mostly flat but could involve short uphill sections & rough ground. Distance approx 10-12 miles. Moderate to slow pace.

EASY (E) For those who have no walking difficulties, or health problems. Shoes or trainers could be worn. Easy paths, gentle climbs, few obstructions or steps. No longer than 5 miles, with option to leave after 2 miles. Pace Slow. Grades are a general guide only. If in doubt about your ability for a particular Walk, contact leader in advance.