

## ABBREVIATIONS

Gil.St.stn = Gilmour Street Railway Station Paisley

Buch.St.stn = Buchanan Street Bus Station Glasgow

Qu.St.stn = Queen Street Railway Station Glasgow

Gla.Cen.stn = Glasgow Central Railway Station

WMCP Watermill Car Park Paisley

L.L = Low level train

Always carry a emergency contact details and store an I.C.E number in your mobile if you have one and emergency contact details on your person

I.C.E NUMBER

CONTACT NAME

## COMMITTEE

Chair A Gibson 07890405183

Secretary E Thomson 07779758895

Treasurer G Wallace 07709685396

Walk Co-ord M Doherty 01418839618

Path & Access officer I Leith 01415809883

Committee Members

L Hill, L McDonald, D Winnie

# RAMBLERS PAISLEY GROUP



## SUMMER PROGRAMME

2013

[HTTP://PAISLEYRAMBLERS.CO.UK](http://paisleyramblers.co.uk)

## CONDITIONS

All sporting and leisure activities have inherent hazards associated with them & rambling is no exception .

In spite of the safety of Ramblers members being of the paramount concern , accidents will occasionally occur.

It is important therefore that when entering into the activity, each member appreciates that they have a responsibility to identify the hazards associated with the activity, & take all reasonable steps to eliminate or minimize the potential for an accident to arise.

Walkers should bring their own provisions & ensure they have suitable clothing and boots & never leave a walk without advising the Leader .

When using minor roads walk in single file on the right side of the road facing oncoming traffic.

No Dogs, registered Assistance Dogs only

Check meeting times and times of public transport and check website for updates

Leader s may alter a route, change or cancel a walk due to prevailing conditions.

Non-Members are allowed on 3 walks before being expected to join the Ramblers

ON A WALK THE LEADER 'S DECISION IS FINAL

A WALK LEADER MUST BE A RAMBLERS MEMBER TO LEAD WALKS

## GRADES

Check with the Leader beforehand if in doubt about your level of fitness for any of the walks

### Strenuous (S)

For experienced hill walkers with high levels of fitness. Over mountainous & rough ground with a brisk or moderate pace

### Moderate (M)

For experienced country walkers with high levels of fitness. On lower hills with steep ascents & rough moorland, moderate pace

### Leisurely (L)

For reasonably fit people with country walking experience. Mostly on flat ground but could involve short uphill sections & rough ground distance approx. 8-12 miles

### Easy (E)

For walks on flat ground with distance up to 5 miles

## NEW WALKS

START THINKING OF WALKS FOR THE SUMMER PROGRAMME AROUND JAN/FEB & IN JUNE/JULY FOR THE WINTER PROGRAMME

IF YOU NEED HELP PUTTING ON A WALK ASK ONE OF THE COMMITTEE MEMBERS THERE ARE PLENTY OF FOLK WILLING TO HELP YOU OUT CREATING A WALK OR DOING THE WALK OR WHY NOT HAVE A SHOT OF BEING A BACK MARKER AND HELPING OUT ON A WALK

**SUN 20TH OCT MUCKLE KNEES**

GRADE M GRID REF NT193189 MAP 79

MEET WMCP 08.00

LEADER A NICOL TEL 01414277598

**SAT 26ST OCT A.G.M**

**PAISLEY GRAMMAR SCHOOL 10.00AM ANY ITEMS FOR IN-  
CLUSION IN AGM MUST BE IN BY 27/9/13**

**SUN 27TH OCT PENWHAPPLE CIRCULAR**

GRADE S GRID REF NX260969 MAP 76

MEET WMCP 08.00

LEADER G WALLACE TEL 07709685396

**COMMITTEE CONTACTS**

**CHAIR**

**CHAIR@PAISLEYRAMBLERS.CO.UK**

**SECRETARY**

**SECRETARY@PAISLEYRAMBLERS.CO.UK**

**TREASURER**

**07709685396**

**ACCESS OFFICER**

**ACCESSOFFICER@PAISLEYRAMBLERS.CO.UK**

**WALK CO-ORD / WEBSITE**

**WEBMASTER@PAISLEYRAMBLERS.CO.UK**

**SEE WEBSITE FOR UPDATE**

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**SAT 4TH MAY GREENOCK TO GOUROCK**

GRADE L DIST 8 MLS

MEET GIL.ST.STN FOR 9.55 AM GOUROCK TRAIN

LEADER J BAXTER TEL 07826111134

**SUN 5TH MAY CREACH BHEINN**

GRADE S GRID REF NN023422 MAP 50

MEET WMCP 08.00

LEADER G WALLACE TEL 07709685396

**SAT 11TH MAY**

**WALK A TINTO HILL**

GRADE M DIST 5MLS

MEET GLA CENT STN (L.L) 09.48 TRAIN TO LANARK THEN LO-  
CAL BUS 191 STUARTS COACHES

LEADER D GILMARTIN TEL0141 848 0148 MOB 07554 007853

**WALK B**

**MARYHILL TO KIRKINTILLOCH VIA CANAL.**

GRADE: E DIST 6 MLS

MEET AT BUCHANAN STREET BUS STATION FOR 10.00  
AM BALFRON BUS. START 10.00 AM.

LEADER NAME: M ALLAN 01505 862267

**SUN 12TH MAY BUACHAILLE ETIVE MOR**

GRADE S GRID REF NN205538 MAP 41

MEET WMCP 08.00

LEADER G WALLACE TEL 07709685396

**SEE WEBSITE FOR UPDATE**

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**SAT 18TH MAY**

**WALK A CORLICK HILL AND ABOUT**

GRADE M

MEET GIL.ST.STN FOR 10:06 AM TRAIN

ROUGH MOORLAND AND GOOD VIEWS

LEADER M MCLEAN TEL 0141884808

**WALK B MAIDENS TO CULZEAN CASTLE**

GRADE E 4/5 MLS. SLOW PACE

MEET BUCH. ST. BUS STN FOR 9.35 BUS TO AYR.THEN BUS TO MAIDENS

LEADER J.KNOX. PHONE 886 3473

**SUN 19<sup>TH</sup> MAY BEINN TRILLEACHAN**

GRADE S GRID REF NN086439 MAP 50

MEET WMCP 08.00

LEADER A NICOL TEL 01414277598

**SAT 25<sup>TH</sup> MAY FALKIRK CIRCULAR**

GRADE: L+

MEET: QUEEN ST STN FOR 9.22 CUMBERNAULD/FALKIRK

GRAHAMSTON TRAIN. MIXTURE OF WOODLANDS AND CANAL WALK.WITH SOME INCLINES AND STEPS.

LEADER: M KELLY TEL: 01415690212

**SEE WEBSITE FOR UPDATE**

**SUN 29TH SEPT MEALL NAM MAIGHEACH**

GRADE S GRID REF NN585436 MAP 51

MEET WMCP 08.00

LEADER G WALLACE TEL 07709685396

**SAT 5TH OCT THE KNOCK**

GRADE: L

MEET GIL.ST.STN FOR THE 09.58 LARGS TRAIN

LEADER A WHITEHEAD TEL 0141 886 6152

**Sun 6th Oct MEALL LIGHICHE**

GRADE S GRID REF NN094528 MAP 41

Meet WMCP 08.00

LEADER A NICOL TEL 01414277598

**SAT 12TH OCT THE KELLY CUT**

GRADE L DIST 8MLS

MEET GIL.ST.STN 10AM TRAIN TO DRUMFROCHAR

LEADER M GALLOWAY TEL 01418846141 mob 07706502347

**Sun 13th Oct SGORR NA CICHE**

GRADE S GRID REF NN125594 MAP 41

Meet WMCP 08.00

LEADER G WALLACE TEL 07709685396

**SAT 19<sup>TH</sup> OCT WHINHILL**

GRADE L DIST 8MLS

MEET GIL.ST.STN FOR 10:06 AM TRAIN TO WHINHILL

LEADER M DOHERTY TEL 01418839618

**SEE WEBSITE FOR UPDATE**

**SAT 14TH SEPT SOUTH QUEENS FERRY TO CRAMOND BRIDGE**

GRADE L DIST 8MLS

MEET GLA.QU. ST.STN FOR THE 09.45 TRAIN TO EDINBURGH  
CHANGE AT WAVERLY STN FOR DALMENY

LEADER L MCDONALD TEL 07946173309

**SUN 15TH SEPT BEINN NAN OIGHREAG**

GRADE S GRID REF NN541412 MAP51

MEET WMCP 08.00 LEADER A NICOL TEL 01414277598

**SAT 21ST SEPT**

**WALK A LARGS HILLS**

GRADE: L

MEET GIL.ST.STN FOR THE 09.58 LARGS TRAIN

LEADER R GIBSON TEL 07890405183

**WALK B AYR TO DOONFOOT AND BELLEISLE PARK**

GRADE E

MEETING BUCH.ST.STN FOR 10 05 A.M. BUS TO AYR.

LEADER A HUGHES TEL 0141 889 0776

**SUN 22ND SEPT CREISE**

GRADE S GRID REF NN238506 MAP 41

MEET WMCP 08.00 LEADER A NICOL TEL 01414277598

**28TH SEPT GREENOCK CUT**

GRADE L DIST 8MLS

MEET GIL.ST.STN FOR 10.AM TRAIN TO

DRUMFROCHAR

LEADER B CRAWFORD TEL 01418843413

**SEE WEBSITE FOR UPDATE**

**SUN 26<sup>TH</sup> MAY CREAG MAC RANAICH**

GRADE S GRID REF NN545256 MAP 51

MEET WMCP 08.00

LEADER A NICOL 01414277598

**SAT 1<sup>ST</sup> JUNE**

**BUS RUN CALLANDER CRAGS & BRACKLINN FALLS**

GRADE L+ & E DIST 4-5 MMEET W.M.C.P FOR 9.00AM

R GIBSON WILL DO HIGH LEVEL

B DOHERTY WILL DO LOW LEVEL

LEADER R GIBSON TEL 07890405183

LEADER B DOHERTY TEL 01418839618

**SUN 2<sup>ND</sup> JUNE FRAOCHAIDH**

GRADE S GRID REF NN029517 MAP 41 LONG DAY

MEET WMCP 07.30

LEADER G WALLACE TEL 07709685396

**SAT 8<sup>TH</sup> JUNE WEST KILBRIDE TO FAIRLIE**

GRADE L+

MEET GIL.ST.STN FOR 09.58AM LARGS TRAIN TO WEST KIL-  
BRIDE

LEADER C KIDD TEL 01415627214

**START THINKING OF NEW WALKS**

**SEE WEBSITE FOR UPDATE**

**SUN 9<sup>TH</sup> JUNE BEN HALTON & MOR BHEINN**

GRADE S GRID REF NN720203 MAP 51 & 57

MEET WMCP 08.00

LEADER A NICOL TEL 01414277598

**SAT 15<sup>TH</sup> JUNE GOLDENBERRY HILL**

GRADE L+

MEET GIL.ST.STN FOR 09.58AM LARGS TRAIN TO WEST

KILBRIDE

LEADER E THOMSON 07779758895

**SUN 16<sup>TH</sup> JUNE MEALL MOR**

GRADE S GRID REF NN107556 MAP 41

MEET WMCP 08.00

LEADER G WALLACE TEL 07709685396

**SAT 22<sup>ND</sup> JUNE**

**WALK A KILCHATTEN BAY BUTE**

MEET GIL.ST.STN FOR 10:06 AM TRAIN THEN FERRY THEN

LOCAL BUS

LEADER M CAMERON TEL 07757435011

**WALK B**

**MILNGAVIE RESERVOIRS**

GRADE: E DIST 5 MLS

MEET GLA.CEN.STN L.L FOR 9.58 TRAIN TO MILNGAVIE

CONTACT N MCQUADE 01505 321055

**START THINKING OF NEW WALKS**

**SEE WEBSITE FOR UPDATE**

**SUN 25<sup>TH</sup> AUG BEN CHALLUM**

GRADE S GRID REF NN386321 MAP 50

MEET WMCP 08.00

LEADER A NICOL TEL 01414277598

**SAT 31<sup>ST</sup> AUG MILLPORT**

GRADE L

MEET GILMOUR ST FOR 9.56 TRAIN TO LARGS

LEADER B CRAWFORD TEL 01418843413

**SUN 1<sup>ST</sup> SEPT MEALL NAN SUBH**

GRADE S GRID REF NN460397 MAP 51

MEET WMCP 08.00

LEADER G WALLACE TEL 07709685396

**SAT 7<sup>TH</sup> SEPT BURN'S COUNTRY**

GRADE L DIST 7 MLS

MEET GIL.ST.STN FOR 9.50 AM AYR TRAIN

LEADER J GRAHAM TEL 01418836863

**SUN 8<sup>TH</sup> SEPT BEINN MAOL CHALUIM**

GRADE S GRID REF NN135526 MAP 41

MEET WMCP 08.00

LEADER G WALLACE TEL 07709685396

**SEE WEBSITE FOR UPDATE**

**Sun 11th AUG STEELE KNOWE**

GRADE M GRID REF NN969079 MAP50

Meet WMCP 08.00 LEADER A NICOL TEL 01414277598

**SAT 17TH AUG**

**WALK A RENFREW THE BIGWOOD & BISHOPTON**

GRADE L DIST 9MLS GRID REF NS506675

MEET RENFREW WAR MEMORIAL FOR 10.05 AM

LEADER: D. KINGHORN TEL : 07790750937

**WALK B DARNLEY TO BARRHEAD VIA DAMS**

GRADE E 5 MLS. SLOW PACE.

MEET PAISLEY TOWN HALL FOR 10.45 NO. 6 BUS TO SILVER-BURN

LEADER J. KNOX TEL 0141 886 3473.

**SUN 18TH AUG GARBH BHEINN**

GRADE S GRID REF NN169601 MAP 41

MEET WMCP 08.00 LEADER G WALLACE TEL 07709685396

**SAT 24TH AUG**

**WALK A COASTAL WALK IRVINE TO PRESTWICK**

GRADE L

MEET : GIL ST.STN FOR 10.14 IRVINE TRAIN

LEADER: M. BLACK TEL 07796 030734

**WALK B. STRATHCLYDE COUNTRY PARK**

GRADE E 5 MLS.

MEET GLA. CEN. STN. L.L. FOR 10.27 TRAIN TO HAMILTON CENTRAL

LEADER H. PANDELUS TEL 01418862947

**SEE WEBSITE FOR UPDATE**

**SUN 23<sup>RD</sup> JUNE BIDEAN NAM BIAN**

GRADE S GRID REF NN143542 MAP 41

MEET WMCP 08.00

LEADER G WALLACE TEL 07709685396

**SAT 29<sup>TH</sup> JUNE**

**WALK A CHATELHERAULT COUNTRY PARK**

GRADE L DIST 7MLS

MEET GLA.CEN.STN L.L 09.45 FOR 9.58 TRAIN

LEADER D WINNIE TEL 07923466482

**WALK B BY THE RIVER KELVIN TO SPEIRS WHARF**

GRADE E DIST 5 MLS.

MEET KELVINGROVE ART GALLERIES 10.30.

LEADER: H. PANDELUS PHONE 01418862947

**SUN 30<sup>TH</sup> JUNE BEINN SUIDHE**

GRADE S GRID REF NN211399 MAP 61

MEET WMCP 08.00

LEADER A NICOL TEL 01414277598

**SAT 6<sup>TH</sup> JULY OLD KILPATRICK TO BALLOCH**

GRADE L+ 11 MLS GRID REF: NS468728

MEET QU.ST.STN L.L FOR 09:53 TRAIN TO OLD KILPATRICK. SUITABLE FOR AMBLERS AS EXIT POINTS AT DUMBARTON 5 M & DALREOCH 6 M.

LEADER: D. KINGHORN TEL : 07790750937

**START THINKING OF NEW WALKS**

**SEE WEBSITE FOR UPDATE**

**SUN 7<sup>TH</sup> JULY IRISH LAW**

GRADE S GRID REF NS260591 MAP 63

MEET WMCP 08.30

LEADER G WALLACE TEL 07709685396

**SAT 13<sup>TH</sup> JULY**

**WALK A LONGNIDDRY TO NORTH BERWICK**

GRADE M DIST 12 MLS GRID REF NT442758

MEET QUEEN ST STN FOR 09:30 TRAIN TO EDINBURGH

GET TICKET STRAIGHT TO NORTH BERWICK

LEADER C MCLELLAN TEL 07794125330

**WALK B**

**CANAL WALK / CADDER TO KIRKINTILLOCH**

GRADE E DIST 4-5 MILES

MEET BUCHANAN BUS STATION AT 10AM

LEADER S MAGUIRE TEL 0141 884 4899

**SUN 14<sup>TH</sup> JULY CRUACH MHOR**

GRADE M GRID REF NN056147 MAP 50

MEET WMCP 08.00

LEADER A NICOL TEL 01414277598

**SAT 20<sup>TH</sup> JULY ARTHUR'S SEAT EDINBURGH**

GRADE M DIST 6 MLS

MEET BUCH.ST.BUS.STN FOR THE 10.15 BUS TO EDINBURGH

LEADER A GIBSON TEL 07890405183

**SEE WEBSITE FOR UPDATE**

**SUN 21<sup>ST</sup> JULY MEALL DEARG**

MEET WMCP 08.00 GRADE S GRID REF NN161584 MAP 41

LEADER G WALLACE TEL 07709685396

**SAT 27<sup>TH</sup> JULY**

**FULLARTON WOODS TO TROON/BARASSIE**

GRADE L DIST 7MLS

MEET GIL.ST.STN FOR 9.44AM TRAIN TO TROON

LEADER J GRAHAM TEL 01418836863

**SUN 28<sup>TH</sup> JULY BEINN A BHUIRIDH**

GRADE S GRID REF NN094283 MAP 50

MEET WMCP 08.00

LEADER A NICOL TEL 01414277598

**SAT 3<sup>RD</sup> AUG BUS RUN BEN LOMOND**

GRADE M 7.5 MILES

MEET W.M.C.P FOR 8.30

HOSTED BY THE SUNDAY WALKERS

LEADER G WALLACE TEL 07709685396

**SUN 4<sup>TH</sup> AUG NO WALK**

**SAT 10<sup>TH</sup> AUG GLENIFFER BRAES TO JOHNSTONE**

GRADE L

MEET ARGOS PAISLEY FOR 10.15 FOR BARRHEAD BUS

LEADER C MCDONALD TEL 01505704143

**SEE WEBSITE FOR UPDATE**