

SATURDAY 8TH APRIL
Bowling to Balloch. Grade L. Map 56 ref NNS390 820

MEET: Queen st sm Glasgow for 10.11 train
LEADER: M. Menzies tel 585 9374

SUNDAY 9TH APRIL

Cratmore & Craig Innich Grade M & S.
Map 57 ref NNS1518 015

MEET: WMCP 08.30
LEADER: J. Caddick tel 01505 331669

SATURDAY 15TH APRIL

Kelly Cut. Grade L. Map 63
MEET: Gill st sm 09.35

LEADER: J. Beacom tel 886 6845

SUNDAY 16TH APRIL

Muirshiel to Largs Grade M. Map 63 ref NS 315 635
MEET: Johnstone Railway Station 08.30

Contact leader re cars.
LEADER: S. Brownlie tel 887 0460

SATURDAY 22ND APRIL

Darvel to Galston Grade L. Map 70 ref 563 375
MEET: Buch st bus sin for 09.15 Muirkirk bus X76.

to Kilmarnock. Then local bus to Darvel.
LEADER: M. Kelly tel 561 7198

SUNDAY 23RD APRIL

Berra Tharstun & Berra Chaorach Grade S.
Map 56 ref 291 916

MEET: WMCP 09.00
LEADER: J. Motherwell tel 01505 614109

SATURDAY 29TH APRIL

West Kiltbride Circular. Grade L. Map 63
MEET: Gill st sm for 09.54 Largs train.

LEADER: D. Henderson tel 01505 345896

SUNDAY 30TH APRIL

Crucianan Horse Shoe. Grade M.
Map 50 ref NN065 305.

MEET: WMCP 07.30
LEADER: J. Arthur tel 882 5309

CONDITIONS

All sporting and leisure activities have inherent hazards associated with them, and rambling is no exception. In spite of the safety of Members being the paramount concern, accidents will occasionally occur. It is important therefore, that when entering into the activity, each member appreciates that they have a responsibility to identify the hazards associated with the activity, and take all reasonable steps to eliminate or minimize the potential for an accident to arise. Walkers should bring their own provisions, and ensure that they have suitable clothing and boots. Never leave the walk without advising the leader. When using minor roads walk in single file on the right, behind the leader, facing oncoming traffic. Check meeting times, and times of public transport. Leaders may alter route, change or cancel a walk due to prevailing conditions. The Leader's decision is final.
Regret no dogs.

GRADES

STRENUOUS (S)
For experienced hill walkers with high level of fitness, over mountains & rough ground.

Brisk pace.
MODERATE (M)

For experienced country walkers with high level of fitness. On lower hills, steep ascents, rough moorland. Moderate Pace.

LEISURELY (L)

For reasonably fit people with country walking experience. Mostly flat but could involve short uphill sections & rough ground. Distance approx 10-12 miles. Moderate to slow pace.