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#### GRADES OF WALKS

- A = Hill walk usually climbing to over 1500 feet
- B = Lesser hill or moorland walk or lengthy low level walk
- c = Low level walk usually between 5 and 8 miles.

Boots or stout footwear and waterproofs are necessary on all walks. Bring plenty of food and a hot drink on all-day walks. Regular participants on hill walks should be properly equipped with a basic first-aid kit, survival bag, map if possible, compass and spare food and clothing.

The usual meeting place in Paisley is the Watermill Hotel Car Park at the Bridge Street -A726 Barrhead Road junction. Please do not leave cars in hotel car park.